

Spiritual development in PE

During the range of activities that students can participate in (core PE lessons, BTEC Sport or extra-curricular Physical Education sessions), students can develop a sense of enjoyment and fascination in learning about themselves, others and the world around them. Students should be consistently encouraged to use their imagination and creativity in their learning and showcase a willingness to reflect on their own and others experiences.

Examples of Spiritual lessons in Physical Education: Explore, creativity through producing Dance, Gymnastic and Parkour routines. Creating and developing own attacking and defensive set plays and tactics. Reflecting and critiquing their own and others performances. Displaying emotions through their Dance, Gymnastics and Parkour routines. Using discovery style to allow students to have their own thoughts, ideas and concerns. Questioning students throughout lessons – WHY, WHAT, WHERE and HOW. Units of work focusing on team building – motivation, determination and character building.

Moral development in PE

PE in general teaches students about code of conduct, etiquette, handshakes before and after matches, applauding the opposition, fair play, unwritten rules and sportsmanship. Students should abide by the rules and regulations, gaining a good understanding of rules of sport and the importance of infringements such as penalties and red cards allow students to understand the consequences of their actions which in turn, helps students apply this understanding to their own lives. The concepts of self-discipline to excel are essential. Students should be taught that the only way you can achieve in sport to a high standard is if you work hard and if you can discipline yourself to train and apply yourself.

Examples of Moral lessons in Physical Education: Promote fair play and team work in lessons. Encourage good sportsmanship throughout. Respect with equipment both when using it and when storing it. Following instructions and decisions made by officials. Abiding by the rules, in all sporting situations. Respect for their facilities and the environment they are active in. Listening to teacher and peer feedback on particular sporting skills. Promote trust with peers through team building activities. Using students as sports leaders/ambassadors

Social development in PE

Students in PE can use of a range of social skills in different contexts, including working and socialising with students from different religious, ethnic and socio-economic backgrounds. The willingness to participate in a variety of social settings, cooperating well with others and being able to resolve conflicts effectively. An interest in and understanding of, the way communities and societies function at a variety of levels. Also, students can develop their friendship and social mixing through involvement in inter, intra school competition and extra-curricular clubs.

Examples of Social lessons in Physical Education: Creating a sense of community in lessons and clubs. Encourage students to recognise and respect social differences and similarities. Celebrate sporting success both in and out of school. Use of sports leaders running clubs and activities. Encouraging the attendance to extracurricular activities. Promoting team work throughout lessons supporting one another to develop their skills in a cooperative situation.

Cultural development in PE

The PE department can encourage a willingness to participate in sporting opportunities that will help to develop positive attitudes towards different religious, ethnic and socio-economic groups in the local, national and global communities.

Examples of Cultural lessons in Physical Education: Learning about the developments of sports in different countries. Learning where different sports originate from and what the national sports of different countries are. World Cups and Olympic games. Gaining an understanding of different sports and their foundations. Use of international examples of different athletes and their achievements. Cultural engagement through elite performers both at school and in their own sporting environment.