

# Encouraging Independence

## Information for Parents and Carers

### Did you know?

Developing independence has many benefits: Increased academic success, increased motivation and confidence and improved awareness of students' own strengths and weaknesses, as well as how to manage these.

Independent learning isn't about working alone: teachers and parents still need to support and enable the learning that is needed in this time so it is structured, productive and effective. We can't expect children to just 'know' how to work independently as well as effectively, they will need some guidance and support.

Independent learning is most effective when students can be encouraged to self regulate their own learning and behaviour.

### What can you do?

Discuss your child's areas of strengths and weaknesses across the subject range they are studying, but also within each subject and topic. Independence isn't just about working, it's about reflecting on their progress and performance and considering where their time would be best spent.

Discuss the different ways your child could study, whether through booklets or textbooks, apps and other options. There are many ways to revise and most students have a preference, but often a combination is most effective. The Boulevard Academy also has a range of programmes that can dovetail well into a revision schedule, alongside practice questions and revision of topics that they are unsure of.

You can also ask any member of staff within the Academy to provide additional resources for your child that will encourage independent learning!