The **Boulevard** Academy •••••

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Our Curriculum: PSHE

"At The Boulevard Academy we want to help young people develop fully as individuals and as members of families and social and economic communities. The PSHE programme is intended to help equip our students with the <u>knowledge, understanding</u>, <u>attitudes</u> and <u>practical skills</u> to live <u>healthy, safely, productively</u> and <u>responsibly."</u>

Our PSHE programme aims to develop the young people with The Boulevard Academy through carefully planned and resourced lessons that develop the knowledge, skills and attributes children need to protect and enhance their wellbeing. Through these lessons, children will learn hoe to stay safe and healthy, build and maintain successful relationships and become active citizens, responsibly participating in the world around them. Lessons in this scheme of work have their foundations in seeing each and everybody's value in society, from appreciation of others in units such as British Values, to promoting strong and positive views in the Health and Wellbeing units. The PSHE curriculum aims to cover a range of social and emotional aspects of learning, enabling young people to develop their identity and self-esteem as active, confident citizens. The themes and topics within PSHE support social, moral, spiritual and cultural development and provide children with protective teaching on essential safeguarding issues, developing the knowledge of when and how young people can ask for help.

The PSHE curriculum resources are fully in line with the Learning Outcomes and Core themes provided by the PSHE Association Programme of Study (PSHE Education Programme of Study (Key stage 1-5) Jan 2017 including lesson outcomes.pdf) which is widely used in England and is recommended and referred to by the DfE in all key documentation relating to PSHE provision in schools. The PSHE scheme of work follows the three core areas as suggested by the PSHE Association Programme of Study; Healthy and Wellbeing, Relationships and Living in the Wider World. The PSHE scheme of work fulfils the requirements in having a PSHE curriculum which is broad and balanced as required by the 2020 Statutory Relationships and Health Education

The PSHE scheme of work is designed to be taught in thematic units that is delivered within Tutor time for one hour a week. These thematic units are taught in a spiral curriculum that revisits each theme every Academic year. This enables our students to recall and build upon previous learning, exploring the underlying principles of PSHE education at a depth that is appropriate for the age and stage of the young person. Lessons signpost keywords with a keyword vocab sheet that is used at the start of each thematic unit which is revisited continually throughout the unit, building a rich vocabulary to develop not just our students understanding in regards to PSHE but also Literacy. The thematic units within the PSHE curriculum are designed for deliver in a creative manner, using many approaches such as role play, discussion and games. These activities enable our students to build confidence and resilience.

Assessment for learning opportunities are built into each lesson and enhanced by a 'draw and write' mind map included in each unit which sees what our student's prior knowledge is and reviews their progress at the end of that unit, alongside a Self-reflection sticker, which enables self-evaluation and reflective learning and allow teachers to evaluate and assess progress. Each lesson begins with a discussion of existing knowledge, providing an opportunity for baseline assessment. Each lesson ends with an opportunity to consolidate and reflect upon learning.

All PSHE teachers follow a CPD knowledge throughout the Academic year in order for them to have good knowledge in the areas they are teaching and of the PSHE pedagogy whether that be on what the terminology to use when delivering lessons on sexual orientation or what makes an outstanding PSHE lesson.

Asides from PSHE lessons, assemblies within the Boulevard Academy run alongside the thematic units being delivered within our student's PSHE lessons but also links to British Values and SMSC, therefore, further equipping our students our students with the knowledge, understanding, attitudes and practical skills to live healthy, safely, productively and responsibly.

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The PSHE scheme of work provided the Boulevard Academy with an effective curriculum for wellbeing. Our students will be enabled to develop the vocabulary and confidence needed to clearly articulate their thoughts and feelings in a climate of openness, trust and respect, and know when and how they can seek the support of others. They will apply their understanding of society to their interactions from the classroom to the winder community of which our students are a part of. Our PSHE scheme of work supports our Academy's wider curriculum which supports the active development culture that prioritises physical and mental health and wellbeing, providing young people with skills to evaluate and understand their own wellbeing needs, practise self-care and contribute positively to the world around them.

The Boulevard Academy strongly believes that a successful PSHE education can have a positive impact on every aspect of a young person including their academic development and progress by mitigating any social and emotional barriers to learning and building confidence and self-esteem. Evidence strongly suggested that successful PSHE education also helps disadvantaged and vulnerable children achieve a greater extent by raising aspirations, and empowering them with skills to overcome barriers they may face.